

(write family name above)

## Emergency Family Plan Kit Steps

When you are done, everyone in your family will have their own copy of this plan.

1. Fill in all applicable fields for **everyone** in the family. Contact your High Priest Group leader if you do not know who your block captain is.
2. **Plan, Discuss** and **rehearse** your **Family Reunion Locations** and your **Security Words**.
3. Obtain commercially printed (not color ink jet, they will bleed if they get wet,) **Wallet Size Pictures** of everyone in your family (5 of each). Glue them down!
4. Make 1 copy for **each family member**. (i.e. 5 family members = 5 copies). Include any critical medical conditions.
5. **Cut** each quadrant into 5.5" x 4.25" squares. Put them in order, **Staple** & put into a sturdy Zip-Lock baggie for protection.
6. Put each persons copy in their **72 hour kit**. You can make extra copies for the car or work.

# Family

# Emergency

# Plan

This Plan belongs to:

(write family MEMBER name above)

Key:  
 W/S = Work or School  
 Add = Address

### My Personal Info:

(write MY name above)

Date of Birth: \_\_\_\_\_

Drivers Lic #: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell/Other Phone: \_\_\_\_\_

Eye Color: \_\_\_\_\_

Hair Color: \_\_\_\_\_

Height / Weight: \_\_\_\_\_  
/

Glue a 2" x 3"  
or wallet size  
photo here

Home Add: \_\_\_\_\_

Email Add: \_\_\_\_\_

W / S Add: \_\_\_\_\_

W / S Phone: \_\_\_\_\_

W / S Evac Loc: \_\_\_\_\_

### My Health & Medical Info



My Dr Name: \_\_\_\_\_

My Dr Phone Number: \_\_\_\_\_

My Pharacist: \_\_\_\_\_

My Pharmacist Phone Number: \_\_\_\_\_

Family Insurance Company: \_\_\_\_\_

Insurance Phone Number: \_\_\_\_\_

Insurance Policy Number: \_\_\_\_\_

My Medical Conditions: \_\_\_\_\_

My Allergies: \_\_\_\_\_

Blood Type: \_\_\_\_\_

# Family Reunion Points

## Safe Room (inside home):

List 3-4 places where you plan to go if you cannot stay in your home, such as a neighbors' or relatives' homes, schools, etc. If you arrive home after an emergency & no one is there, this will give you some places to start looking.

1. Right outside the home \_\_\_\_\_

Location Add: \_\_\_\_\_

Location Phone: \_\_\_\_\_

2. Location Name: \_\_\_\_\_

Location Add: \_\_\_\_\_

Location Phone: \_\_\_\_\_

3. Location Name: \_\_\_\_\_

Location Add: \_\_\_\_\_

Location Phone: \_\_\_\_\_

4. Out of State Location: \_\_\_\_\_

Location Add: \_\_\_\_\_

Location Phone: \_\_\_\_\_

Visit [www.RedCross.org](http://www.RedCross.org) for more info on types of disasters.

## Our Block Captain:

\_\_\_\_\_  
(write our **block captain's** name above)

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Add: \_\_\_\_\_

Email Add: \_\_\_\_\_

## Nearest Alternate Block Captains:

\_\_\_\_\_  
(write **block captain's** name above)

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Add: \_\_\_\_\_

Email Add: \_\_\_\_\_

\_\_\_\_\_  
(write **block captain's** name above)

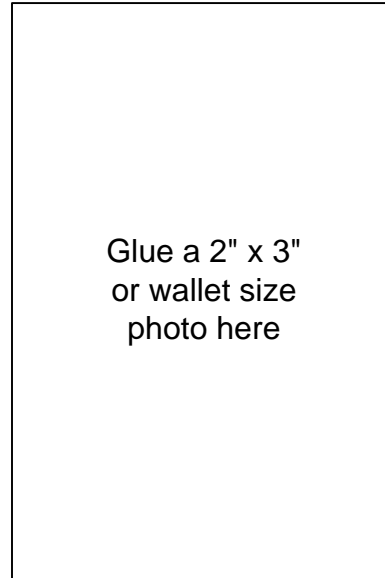
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Add: \_\_\_\_\_

Email Add: \_\_\_\_\_

## In-Town or In-State Contact (circle one)

\_\_\_\_\_  
(write **contact** name above)



Date of Birth: \_\_\_\_\_

Relation to **ME**: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell/Other Phone: \_\_\_\_\_

Security Word: \_\_\_\_\_

Other Info: \_\_\_\_\_

Home Add: \_\_\_\_\_

Email Add: \_\_\_\_\_

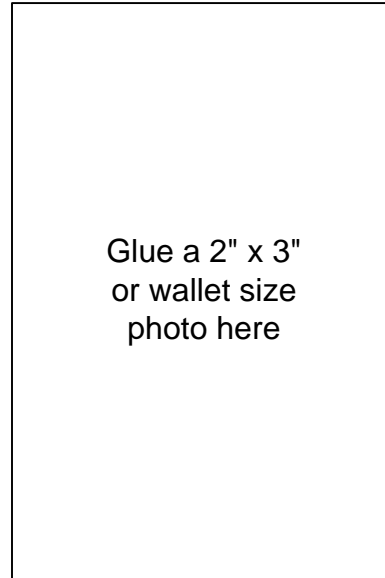
W / S Add: \_\_\_\_\_

W / S Phone: \_\_\_\_\_

Nearest Cross Streets: \_\_\_\_\_

## Out-of-Town or Out-of-State Contact (circle one)

\_\_\_\_\_  
(write **contact** name above)



Date of Birth: \_\_\_\_\_

Relation to **ME**: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell/Other Phone: \_\_\_\_\_

Security Word: \_\_\_\_\_

Other Info: \_\_\_\_\_

Home Add: \_\_\_\_\_

Email Add: \_\_\_\_\_

W / S Add: \_\_\_\_\_

W / S Phone: \_\_\_\_\_

Nearest Cross Streets: \_\_\_\_\_

**My Family Member:**



(write **Family Member** name above)

Date of Birth: \_\_\_\_\_

Relation to Me: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell/Other Phone: \_\_\_\_\_

Eye Color: \_\_\_\_\_

Hair Color: \_\_\_\_\_

Height / Weight: \_\_\_\_\_

/

Glue a 2" x 3" or wallet size photo here

Home Add: \_\_\_\_\_

Email Add: \_\_\_\_\_

W / S Add: \_\_\_\_\_

W / S Phone: \_\_\_\_\_

W / S Evac Loc: \_\_\_\_\_

**My Family Member:**



(write **Family Member** name above)

Date of Birth: \_\_\_\_\_

Relation to Me: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell/Other Phone: \_\_\_\_\_

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Hair Color: \_\_\_\_\_

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W / S Phone: \_\_\_\_\_

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(write **Family Member** name above)

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Relation to Me: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell/Other Phone: \_\_\_\_\_

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Hair Color: \_\_\_\_\_

Height / Weight: \_\_\_\_\_

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W / S Phone: \_\_\_\_\_

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Relation to Me: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell/Other Phone: \_\_\_\_\_

Eye Color: \_\_\_\_\_

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W / S Phone: \_\_\_\_\_

W / S Evac Loc: \_\_\_\_\_

**My Family Member:**



(write **Family Member** name above)

Date of Birth: \_\_\_\_\_

Relation to Me: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell/Other Phone: \_\_\_\_\_

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Email Add: \_\_\_\_\_

W / S Add: \_\_\_\_\_

W / S Phone: \_\_\_\_\_

W / S Evac Loc: \_\_\_\_\_

**Family Pet**

(write **Pet's** name above)

Approx Yr of birth: \_\_\_\_\_

Type: \_\_\_\_\_

Breed: \_\_\_\_\_

Color: \_\_\_\_\_

Eye Color: \_\_\_\_\_

Size: \_\_\_\_\_

Weight: \_\_\_\_\_

Glue a 2" x 3"  
or wallet size  
photo here

Shelter Name: \_\_\_\_\_

Shelter Phone: \_\_\_\_\_

Shelter Add: \_\_\_\_\_

Shelter Policies: \_\_\_\_\_

<b>Fire, Police or Medical Crisis</b>	<b>911</b>
Littleton Fire Department	303-795-3800
Littleton Police Department	303-794-1551
West Metro Fire Protection	303-989-4307
<b>Jeffco Sherriff</b>	<b>303-277-0211</b>
Jeffco Child Abuse Hotline	303-271-4131
Jeffco Schools Hotline	303-982-6600
Jeffco Emergency Management	303-271-4900
Jeffco Roads and Bridges	303-271-5200
Jeffco Animal Control	303-277-0211
Jeffco Library	303-235-5275
Colorado Poison Control	800-222-1222
Colorado DOT Road Conditions	303-639-1111
	Or 511 w/in Co
Co office of preparedness and security	720-852-6751
RAAP Rape Assistance Program	303-329-9922
National Domestic Violence Hotline	800-799-SAFE
US Forest Service Region 2	303-275-5350
FEMA	800-621-3362
American Red Cross	800-733-2767
National FRS Emergency Channel	Channel 1
National CB Emergency Channel	Channel 9
Amateur Radio Calling Freq.	146.520 Mhz sim.
Denver Regional ERRS Freq.	147.495 Mhz sim.

### Other Important Contact Numbers:

Neighbor: \_\_\_\_\_

Name: \_\_\_\_\_

Phone(s): \_\_\_\_\_

Address: \_\_\_\_\_

Relation/Title: \_\_\_\_\_

Name: \_\_\_\_\_

Phone(s): \_\_\_\_\_

Address: \_\_\_\_\_

Relation/Title: \_\_\_\_\_

Name: \_\_\_\_\_

Phone(s): \_\_\_\_\_

Address: \_\_\_\_\_

Relation/Title: \_\_\_\_\_

Name: \_\_\_\_\_

Phone(s): \_\_\_\_\_

Address: \_\_\_\_\_

## Escape routes

Draw a floor plan of your home. Use a blank sheet of paper for each floor. Mark two escape routes from each room. Make sure children understand the drawings. Post a copy of the drawings at eye level in each child's room.

## Where to meet

Establish a place to meet in the event of an emergency, such as a fire. Record locations in the "Family Reunion Points" towards the front of this booklet.

Examples:

1. Near the home; for example, the next door neighbor's telephone pole.
2. Outside the immediate area; for example, the neighborhood grocery store parking lot.

## Security Words

Select a family "Safe" code word and tell your children not to go with anyone who doesn't know the code. A secret code word only you share with those you **TRUST**, like **Family** or a **close Friend**.

Select a family "Duress" code word and tell your children that they must use it whenever they feel unsafe or need help saying "no". This helps a child shift blame to a parent and avert peer pressure.

Family **safe** word: \_\_\_\_\_

Family **duress** word: \_\_\_\_\_

### Evacuation Plans

When community evacuations become necessary, local officials provide information to the public through the media. In some circumstances, other warning methods such as sirens or telephone calls, are also used. Additionally, there may be circumstances under which you and your family feel threatened or endangered and you need to leave your home, school, or workplace to avoid these situations.

<b>Always:</b>	<b>If time permits:</b>
Keep a full tank of gas in your car if an evacuation seems likely. Gas stations may be closed during emergencies and unable to pump gas during power outages. Plan to take one car per family to reduce congestion and delay.	Gather your disaster supplies kit(s), 72 hour kit(s) and spare fuel.
Make transportation arrangements with friends or your local govt. if you do not own a car.	Let others know where you are going and your security word.
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Listen to a battery-powered radio and follow local evacuation instructions.	Wear sturdy shoes and clothing that provide some protection, long clothing (shirt and pants) can be easily cut shorter in warmer conditions.
Gather your family and go immediately if ordered to evacuate.	Secure your home, turn off Water (open the lowest faucet and the highest faucet in freezing weather), and turn off natural/propane gas.

**Leave early** to avoid being trapped by severe weather. **Follow** recommended evacuation routes. **Be Alert**, don't drive into standing/rushing water. **Stay clear** of downed power lines.